



FACULTY OF
APPLIED
SCIENCES

DEPARTMENT OF
SPORT
STUDIES

BACHELOR OF SPORT SCIENCE AND MANAGEMENT

BACKGROUND TO FIELD OF STUDY:

This is a multidisciplinary qualification, drawing on fields such as physiology and biomechanics to understand what is happening in an athlete's body; exercise conditioning to improve performance and sports management to understand the financial and operational sides of the sports industry.

A sport science degree could provide you with the professional knowledge and training you need whether you like the idea of being involved in the world of sports celebrities, or want to help all kinds of people improve their lives through sports participation or health and wellness.

AREAS OF SPECIALIZATION:

- Exercise and Conditioning
- Anatomy and Kinesiology
- High Performance Testing and Program Design
- Sports Coaching
- Sport Marketing and Management
- Sport Science Research

DURATION: 3 year full time study

CONTACT DETAILS:

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