

STUDENT COUNSELLING AND HEALTH

PHAKIMPILO

Impact of phakImpilo on DUT's students:

Academic Problems; Health problems; Hypertension; Poor Sleep; Diet-related issues such as diabetes; Cognitive problems such as concentration and memory loss; Maladaptive social adjustment/criminal behaviour; and Emotional problems such as depression and anxiety

- Phakimpilo program strives to address students uncertain or inadequate access to food due to financial constrain. It is a complex phenomenon affecting a large number of South African households. DUT, as a microcosm of a large society, is also impacted by this problem. Research has found that food security is a growing concern within higher education institutions.
- There will be a confidential screening assessment to determine if students qualify.
- The program will commence in **September 2020**.



For more information about the program please contact Student Counselling and Health Department.
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