

The Student Health and Wellness Centre is inviting you to join this year's informative Health and Wellness event



DURBAN UNIVERSITY OF TECHNOLOGY
INYUVESI YASETHEKWINI YEZOBUCHWEPHESHE
Student Health & Wellness Center

2021

MENTAL HEALTH AND WELLNESS DAY



“Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity” ~ WHO

03 AUGUST 2021 - 11AM

LIVE ON MS TEAMS

CLICK TO JOIN

Guest Speakers:

Dr Molete | Dr M Panday | Mr Shaun Naidoo | Ms Thulisile Khuzwayo | Mr Jason Stout | Prof Champaklal Jinabhai | Dr Vuyani Nxumalo | Ms Cynthia Gugu Sacolo

Special Topics on:

Sexual Reproductive Health | Mental Wellness and Suicide | Effects of Covid-19 on Wellness