

STAFF PROFILE CONTENT BRIEF

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DESIGNATION (Lecturer)

Title & Name: Dr Zingisa Nyawose

Qualification & Institution: PhD in
Sport science, University of
KwaZulu-Natal

Contact Number: 031 373 6877

Email Address: ZingisaN@dut.ac.za

Campus: ML Sultan

Area of Expertise: Musculo-skeletal
rehabilitation, chronic disease
management, high performance.

Short Bio (limited to 1 paragraph):

Dr Zingisa Nyawose is a lecturer at sport studies department, with ten years experience in industry as a Biokineticist. Her lecturing interests are in anatomy and physiology, exercise and sport science. She is passionate about research and has publications in peer-reviewed

journals.

Academic Interests: Physical activity, high performance, health and wellness, orthopaedic rehabilitation intervention

Research Links:

<https://www.researchgate.net/profile/Zingisa-Nyawose>