



Annual Report 2020-2021



BELLHAVEN
HARM REDUCTION CENTRE

Bellhaven Harm Reduction Center

Founders & Board of Directors



Michael Wilson

Michael is the co-founder of Advance Access & Delivery, a global health non-profit organization with offices in the United States and South Africa. He currently serves as the South Africa Country Director. He holds a Masters in Public Health from the University of North Carolina, and holds an Adjunct Assistant Professor position in the Department of Health Behavior at the Gillings School of Global Public Health. He has over a decade of experience managing and operating health programs that deliver healthcare to people living in urban areas; particularly people experiencing homelessness, and people who use drugs.



Monique Marks

Prof. Monique Marks currently heads up Urban Futures Centre at the Durban University of Technology. She initially trained as a social worker, and holds a doctorate in Sociology from the University of Natal. She has garnered substantive international recognition as a researcher, having published 7 books and over 60 peer reviewed articles, with most focusing on urban safety and/or urban health. She, together with a team from TB HIV Care, directed South Africa's first opioid substitution demonstration programme, which has been fundamental in shaping government policy and implementation planning.



Shaun Shelly

Shaun Shelly is a founding member and the Chair of the South African Network of People Who Use Drugs. As the Drug Policy lead at TB HIV Care, he founded the South African Drug Policy Week. He brings academic, programmatic, research, and lived experience together into a 360 degree view of the complex issues that inform our understanding and response to the use of certain drugs and the people that use them.



Advance Access & Delivery
South Africa



ORIGINS

of the Bellhaven Harm Reduction Center



The Bellhaven Harm Reduction Centre was officially founded in June 2020, however, its roots lie in the success of the first low threshold opioid substitution therapy (OST) programme in Durban, and in initial ideations to create an “African Centre for Hope”. In April 2017, the Durban University of Technology’s (DUT) Urban Futures Centre (UFC), together with TB HIV Care opened South Africa’s first low threshold opioid substitution therapy (OST) programme in Durban. This was located in Umbilo in Durban. This programme provided a very important evidence-based service to low-income people who use drugs. But it was also an advocacy platform, providing evidence of the efficacy and efficiency of such a programme in a local South African context. The South African Network of People Who Use Drugs (SANPUD), under the leadership of Shaun Shelly, played a critical role in developing the protocols for this programme and in creating platforms for drug policy change. When this programme ended in 2019, a platform was formed to advocate for an all-inclusive community-based harm reduction centre in Durban. This was a dream shared by the non-government sector and by progressive government officials. The idea was to create what was called the Africa Centre for Hope. Durban became a key city for the implementation of a comprehensive harm reduction centre - imagined initially as an African Centre for Hope – given its influence politically and the success of the demonstration project. This remained a dream until Covid-19, which presented an unexpected opportunity for this dream to become a reality. This reality is today called the Bellhaven Harm Reduction Centre.

This all began in March 2020 when the then eThekweni Deputy Mayor, Belinda Scott, facilitated the creation of lockdown safe spaces for the homeless, to protect them from contracting the deadly COVID-19 virus, and to prevent them from spreading it to others. Recognising that a large percentage of the homeless population have a substance use disorder, mostly related to heroin use, it was determined that a withdrawal management programme be run from the lockdown safe spaces. A short-term opioid substitution programme was set up

by a private medical team, led by Prof. Monique Marks (DUT), Michael Wilson (Advance Access & Delivery) and with Shaun Shelly (SANPUD), who played an advisory role. Throughout this programme, which ran for the 10-week period of COVID-19 lockdown level 5 and 4, AA&D and TB HIV Care were responsible for identifying clients within the homeless safe spaces who were in need of the short-term methadone intervention. They were also responsible for testing for TB and HIV during this period, and for providing chronic medications to those on the programme. SANPUD played two critical roles. Firstly, SANPUD provided advice on how to run the withdrawal management programme, in line with best international practice while locally relevant. Secondly, they provided the fiscal vehicle for donor funds to support the programme.

The eThekweni Municipality received praise for having one of the most comprehensive and compassionate responses to the homeless during the hard lockdown, which included having the foresight to implement a successful withdrawal programme. When South Africa entered lockdown level 3, and the homeless people were given the freedom to leave, the Municipality looked more deeply at the link between drug use and homelessness, and recognised that continuous access to the harm reduction services and interventions offered in the hard lockdown had the potential to decrease homelessness drastically. This spurred the Municipality to make the radical decision to spearhead the expansion of the programme from a temporary response to a crisis, into a permanent harm reduction centre in the inner city.

In June 2020, Deputy Mayor Scott worked with the Homeless Task Team, and selected what was previously the Bellhaven Memorial Centre, at 217 First Avenue, to become the long-sought harm reduction centre. SANPUD became a key actor in generating funds and in raising funds for the programme, and was also responsible for co-managing Bellhaven on a daily basis, particularly through activating networks of people who use drugs. The Bellhaven Harm Reduction Centre was formally launched by the Deputy Minister of Social Development together with SANPUD on the 28th of October 2020.

Since its inception, BHRC has been a model of a private/public, frugal institution offering a range of low-threshold harm reduction services to homeless and low-income people with a substance use disorder. It has received overwhelming support from the surrounding community, the business sector, and law enforcement. BHRC has also been recognised by the National Department of Health (NDOH) as a best practice intervention centre, contributing to the NDOH guidelines on providing opioid substitution therapy in community-based settings. This means that The Bellhaven Harm Reduction Centre is not only a site of service provision, but is also an

JULY 2018

Consultations with stakeholders around The Africa Centre for Hope begin

MARCH 2019

The Homeless Task Team is formed under the Deputy Mayor of eThekweni, Belinda Scott

6 APRIL 2020

A withdrawal management programme is established in the lockdown safe spaces

15 JUNE 2020

eThekweni Municipality hands over Bellhaven Memorial Centre for the purpose of a harm reduction centre

16 MARCH 2020

A lockdown emergency meeting is held around homeless people, drug use and withdrawal

15 JUNE 2020

Michael Wilson, Monique Marks, & Shaun Shelly form the BHRC



advocacy space for harm reduction services for people who use drugs. Through the efficacy of the harm reduction services, evidence-based interventions, and improved quality of life outcomes of its clients, the Bellhaven Harm Reduction Centre remains rooted in its origins of an African Centre for Hope – in so far as it is giving hope to homeless people with a drug use disorder.

The story of the Bellhaven Harm Reduction Centre serves as a monumental turning point in eThekweni's narrative around drug use disorders and homelessness in a number of ways. This was the first time that municipality officials and departments of the provincial government recognized both the need for and effectiveness of harm reduction services. It also triggered major shifts in the way law enforcement made sense of, and responded to, homelessness and drug use. The lockdown interventions and subsequently those offered at Bellhaven Harm Reduction Centre offered an exemplar of a more humane and effective way of responding to drug use and drug use disorders. The provision of a municipal owned building to host a harm reduction centre, with the full support of the police, is testimony to the radical shift in mentality from abstinence and prohibition to harm reduction. Bellhaven Harm Reduction Centre now provides harm reduction services on a daily basis to roughly 200 homeless and low-income people who are opioid dependent. The Bellhaven Harm Reduction Centre is a safe space for all people who use drugs, and a place of deliberation around drug use disorders and life normalisation.

28 OCTOBER 2020

The BHRC and SANPUD are formally launched by the Deputy Minister of Social Development, Hendrietta Bogopane-Zulu. The event was organised by SANPUD.

NOVEMBER 2020

A peer-led treatment accompaniment programme begins to run daily from BHRC

AUGUST 2021

The DUT Homeopathy Department begins offering services at the BHRC twice a week. Low-income and homeless individuals are now able to access alternative medicine, usually unaffordable and inaccessible to them

AUGUST 2020

The eThekweni Municipality Council determines the Bellhaven Memorial Centre will be used for the purposes of providing harm reduction services

DECEMBER 2021

Plans underway for a second stream of clients who are paying clients to access services at Bellhaven Harm Reduction Centre for a nominal fee



Our approach and services

What Is A Harm Reduction Approach?

The use of drugs has been furiously debated for centuries, with countless approaches to understanding drug use disorders and their resolution. What remains abundantly clear is that drug use will never be eliminated completely from society, and that mainstream approaches to drug use – most famous among these, the war on drugs – have failed dismally. The war on drugs has not only created immense harm to individual PWUD and their families, but has also led to black market and dangerous activity associated with any form of prohibition and abstinence-based approach. For those unwilling or unable to stop using drugs, the war on drug creates despair and increases marginalization.

A harm reduction approach to drug use firstly acknowledges the reality of drug use and drug markets in a prohibitionist setting, and aims to reduce these harms that are mainly caused by misguided drug policies. It recognizes that there are most often underlying problems of trauma and disconnect that lead to drug use as a solution. It is firmly based in a human rights framework, aimed at reducing the stigma associated with drug use and the rights of people who use drugs to access evidence-based interventions, and to determine their own individual life goals. As a result, harm reduction interventions reduce risk and improve the health and well-being of people who use drugs, their families, and the broader community. In this approach, abstinence is not a predetermined goal, but one of many outcomes that people with a drug use disorder may want to attain in order to normalize their lives.

What Does The Bellhaven Harm Reduction Centre Offer?

The Bellhaven Harm Reduction Centre holds firm to the harm reduction approach, by recentering drug users' wellbeing and rights to non-discrimination and healthcare, in its services and programmes. The Centre offers holistic, evidence-based services that enable and empower users to reduce the risk and negative effects of their drug use on themselves and their communities. Its services are guided by the realities and lived experiences of the homeless and low-income clients that it has served since its inception. The BHRC work is guided by its core principles:

THE FUNDAMENTAL HUMAN RIGHTS OF ALL PEOPLE, ESPECIALLY THE MOST VULNERABLE IN OUR SOCIETY, MUST BE UPHELD.

THE HARMS ASSOCIATED WITH DRUG POLICY AND DRUG USE CAN AND SHOULD BE MINIMISED

STIGMA AND PROHIBITION OF ALL KINDS MUST BE ERADICATED.

PEOPLE WHO USE DRUGS SHOULD BE ABLE TO ACCESS GLOBALLY RECOGNIZED EVIDENCE-BASED SERVICES.

ALL PEOPLE, REGARDLESS OF SOCIAL AND ECONOMIC STATUS, DESERVE THE HIGHEST QUALITY HEALTH AND PSYCHO-SOCIAL SERVICES.

ALL DRUGS SHOULD BE DECRIMINALISED TO ENHANCE HEALTH AND OTHER HELP SEEKING BEHAVIOUR

INDIVIDUALS WHO USE DRUGS CAN AND SHOULD DETERMINE THEIR OWN LIFE GOALS.

THE ROLE OF PROFESSIONALS IS TO ACCOMPANY PEOPLE WHO USE DRUGS ON THEIR JOURNEY TO SELF-REALISATION, RATHER THAN IMPOSING PRE-DETERMINED OUTCOMES AS 'EXPERTS'.

The Bellhaven Harm Reduction Centre is situated on a prominent and busy road, inviting people into the space close to where they live or are able to access public transport. The BHRC is more than a place that offers medical and psycho-social service provision place, it is also a drop-in centre, a place that its clients have come to identify as a safe space, which many refer to as 'home'. Furthermore, it is due to the non-judgmental ethos at BHRC that the user community are able to tell their stories, talk openly about their drug use, and activate help seeking behaviour.



At the BHRC, clients are able to access the following services:

Daily observed methadone treatment

Individual and group psychosocial services,

A needle and syringe programme providing clean needles and syringes to people who inject drugs to prevent the onward transmission of blood borne illnesses,

Testing and referral for HIV, TB, and hepatitis,

Testing and referral for HIV, TB, and hepatitis, &

Chronic medication for TB and HIV, as well as medication for STDs.



The BHRC is also a space where clients can regain their dignity and sense of normality through its provision of:

Ablution and washing facilities,

Basic daily nutritional needs (porridge and occasional hot meal),

Recreational and creative works activities,

A safe environment to meet up with peers, families and visitors who are interested in learning more about drug use and harm reduction, &

Infrastructural support for religious and spiritual activities, regardless of denomination or and including traditional practices.



AS A FAITH-BASED GROUP SUPPORTING THE BHRC, WE ARE HUMBLLED TO SERVE THE HOMELESS THAT ATTEND THE CENTRE. WE HAVE LISTENED TO THE MANY TESTIMONIES FROM CLIENTS WHO HAVE BEEN GIVEN A NEW LEASE ON LIFE AFTER JOINING THE METHADONE PROGRAMME. **WE REMAIN IN AWE OF THE STAFF WHO HAVE WORKED TIRELESSLY TO BRING LIGHT INTO THE LIVES OF DURBAN'S HOMELESS.**

**SOGEN MOODLEY,
SAI FRIENDS OF BELLHAVEN**



A model for **Critical Place-** **making** through **frugal institutions**

Critical placemaking is when a public space is activated in ways that generate a sense of purpose and freedom for its users. Critical placemaking addresses the needs of community groupings that are marginalized and stigmatized. In so doing, and by demonstrating universal humanism, critical placemaking transforms dominant narratives.

The Bellhaven Harm Reduction Centre has significantly transformed not just the space in which it operates – from a run down building to a fully functional community-based health care facility – but also the ways in which homelessness and drug use are understood. Through accessing the various services offered at the Centre, clients' lives have been transformed. As they begin to take care of their personal health and wellbeing, their physical demeanor is changed, and their humanity and dignity is restored.

The impact of this on the surrounding community and key stakeholder groupings is significant. No longer are drug users perceived of as a written off and criminal social grouping. They are now viewed as humans with a story to tell, most often one of life trauma and disconnect as drivers of problematic drug use. Once on treatment, their engagement in acts of criminality decrease dramatically, and often recede completely, allowing law enforcement to rethink their long-held views of homeless people who use drugs as criminals and as vagrants. It is at the Bellhaven Harm Reduction Centre that clients meet and congregate like other urban dwellers. They regain a sense of place in the municipality, often for the first time in many years. And it is here they are able to begin the process of human flourishing, and in so doing contribute to the flourishing of the urban spaces in which they dwell. This is in stark contrast to previous experiences of alienation and disregard. This supportive environment creates an avenue for cities like Durban to redirect their resources away from criminalization toward reintegration, investment and growth, and to other objectives for a sustainable city; like spacious prisons, safer streets and fewer drug users.



This is a placemaking that is user-led. This means that the drug users who were curious enough to cross over the low threshold of entry into the space have taken ownership of making the space. They have created a garden in the front of the building, contributed to fixing its infrastructure, painted and decorated the interior, and fine-tuning processes to ensure that service provision is user friendly and efficient.

Through public and private deliberations and encounters at the BHRC, clients have been able to carve a new language for self-understanding and for drug use. As the stigma of drug use recedes through daily bi-directional interaction with the centre's staff, clients regain the confidence to reach out to significant others and begin to access employment and other opportunities. Small and medium size businesses now recruit casual and contract workers from the BHRC community.

The 'drop in' space is modelled on the In-Mouraria drop-in centre in Lisbon, and on low-threshold drop-in centres in major South African cities. It provides clients with a coffee and biscuits three times a week, in a space that can also be used as a reading and project room. It is here that clients can normalize their interactions with peers and can invite friends and family to these coffee times. The only rules of engagement – interact without stigmatising (including self-stigmatisation) and respect the space and its staff. All clients sign a code of conduct when joining the methadone programme.



The Bellhaven Harm Reduction Centre has also been able to extend its reach beyond its immediate surrounding community, to have an impact on homeless and low-income drug users located in other parts of the municipality. The peer-led treatment accompaniment programme utilizes peers to deliver chronic medication to homeless individuals who are too sick to come into the BHRC, or who are too busy because of their work. Individuals on this programme have a history of defaulting on medication because of their living arrangements or social conditions, requiring additional social support to stay on medication, and are paired with peers who are currently homeless and have a shared history with their clients living on the streets and using drugs. The programme is led by AA&D South Africa and overseen by Bellhaven social worker, Torres Luna and professional nurse Carla Louise-Horwood, nurse assistant Eugene Mulanda, and peer supporters Bonginkosi, Melloh, Menzi, and Xolani.



The programme supports clients on a daily basis, delivering medication by bicycle seven days a week to clients with tuberculosis and multi-drug-resistant tuberculosis. The model is unique in that it recognizes the value peers have in shared life experiences with clients, which enables them to understand some of the unique needs they have, find them when they may be missing, and walk alongside them during their treatment journey.

Through all this one begins to see how the Bellhaven Harm Reduction Centre serves as a prime example of critical placemaking through a frugal institution, in so far as the building, the surrounding area and community, and other pockets of the municipality have been transformed for the purpose of viscerally meeting the needs and wants of marginalised homeless and low-income people with drug use disorders. This has, in turn, allowed clients to reconstruct their own lives, in a manner that alters the way in which homelessness and drug use in eThekweni is understood.

BELLHAVEN IS A HOLISTIC SPACE THAT PROVIDES A PLATFORM FOR REGAINING PERSONAL POWER AND FOR BUILDING EQUITY FOR PEOPLE WHO USE DRUGS. BELLHAVEN HARM REDUCTION CENTRE IS A SPACE THAT ENGAGES WITH PEOPLE FROM DIFFERENT BACKGROUNDS AND BRINGS PEOPLE TOGETHER.

**KALVANYA PADAYACHEE,
TB HIV CARE**

A photograph of two women standing at a table. The woman on the left is wearing a blue denim shirt and has sunglasses on her head. The woman on the right is wearing a green lace top and a white face mask. They are looking at papers on the table. There are several colorful shopping bags (yellow, blue, green) and a bottle of hand sanitizer on the table. The background is a warm, textured wall.

The **Transformative Impact** of the Bellhaven Harm Reduction Centre

The Bellhaven Harm Reduction Centre is a place of hope for its clients. It provides an opportunity for homeless and low-income people to resolve their drug use disorders through the provision of medical assisted treatment and psycho-social services in an environment that is non-judgmental and supportive. The Centre, through its interventions, provides a platform for healthy living, life normalization, and quality of life improvements. These quality-of-life indicators are multiple, and include: reconnection with significant others; adherence to chronic medication; self-care; radical reduction in negative encounters with the criminal justice system; opportunities for income generation; and the rebuilding of a sense of self.

Bellhaven Harm Reduction Centre, in a short period of time, has become recognized as a model for the provision of community-based harm reduction services in South Africa. The Deputy Minister of Social Development, Hendrietta Bogopane-Zulu, is determined to replicate this model in other parts of the country. The roll-out plans will be executed in partnership with SANPUD.

Since its inception in June 2020, the Centre has received significant media attention for its commitment to a collaborative and innovative approach to providing harm reduction services. It is regularly featured in local newspapers, and its Directors have been interviewed as part of SABC, Carte Blanche and Check Point programmes. The BHRC was selected by the South African Cities Network as one of four national 'Good Hood' stories – a showcasing of excellence in placemaking in municipality spaces. In addition, the Centre and its team was selected for the HSRC/USAF 2020 Inaugural Team Award for Excellence in Contribution of the Social Sciences and Humanities to Covid-19 and the Durban University of Technology's Data Day Award for the best 'societal' response to existing data, and the 2020 DUT Community Engagement Award.



BELLHAVEN IS A PLACE OF HOPE! A PLACE FOR A BRAND NEW START AT LIFE FOR MANY OF THE FORGOTTEN. SEEING THE USERS WALKING INTO THE CENTRE TO RECEIVE TREATMENT AND KEEP BUSY MAKES ONE BELIEVE IN THE POWER OF HUMANITY AGAIN.

**PUMLA JALI, INVESTMENT
LIAISON OFFICER,
ETHEKWINI MUNICIPALITY**

WHILE THERE IS NOTHING GOOD ABOUT COVID-19, IT IS IMPORTANT AND INSPIRING THAT PROGRAMS LIKE BELLHAVEN STEPPED FORWARD IN THE CRISIS TO PIONEER SERVICES THAT PROTECT THE HEALTH OF PEOPLE WHO USE DRUGS AND THE COMMUNITIES IN WHICH THEY LIVE. A KEY QUESTION IS WHETHER THESE ESSENTIAL SERVICES FOR HIGHLY VULNERABLE PEOPLE CAN BE SUSTAINED BY THE CITIES THAT NEED THEM, AND WE MUST ALL HOPE THE ANSWER IS YES.

**DANIEL WOLFE, DIRECTOR,
INTERNATIONAL HARM REDUCTION
DEVELOPMENT,
OPEN SOCIETY FOUNDATIONS**



HERE IS A SOUTH AFRICAN PROJECT THAT SEEKS TO TRANSFORM THE LIVES OF PEOPLE AND CITIES, THROUGH CARE, COMPASSION, PLACEMAKING AND PERSISTENCE. BELLHAVEN SHOULD WITHOUT A DOUBT BE A MODEL FOR HARM REDUCTION AND A KEY PART OF THE FUTURE OF INNER CITY REGENERATION ACROSS SOUTH AFRICA.

**RASHIQ FATAAR,
DIRECTOR OF OUR
FUTURE CITIES**





Visioning Possibilities for the Future

The Bellhaven Harm Reduction Centre has emerged itself as a robust and vibrant space and place, offering a range of harm reduction interventions. We would like to expand the Centre as a way of making it more sustainable financially, and to provide a greater suite of harm reduction interventions. We will focus on the following three initiatives in achieving this in 2022.

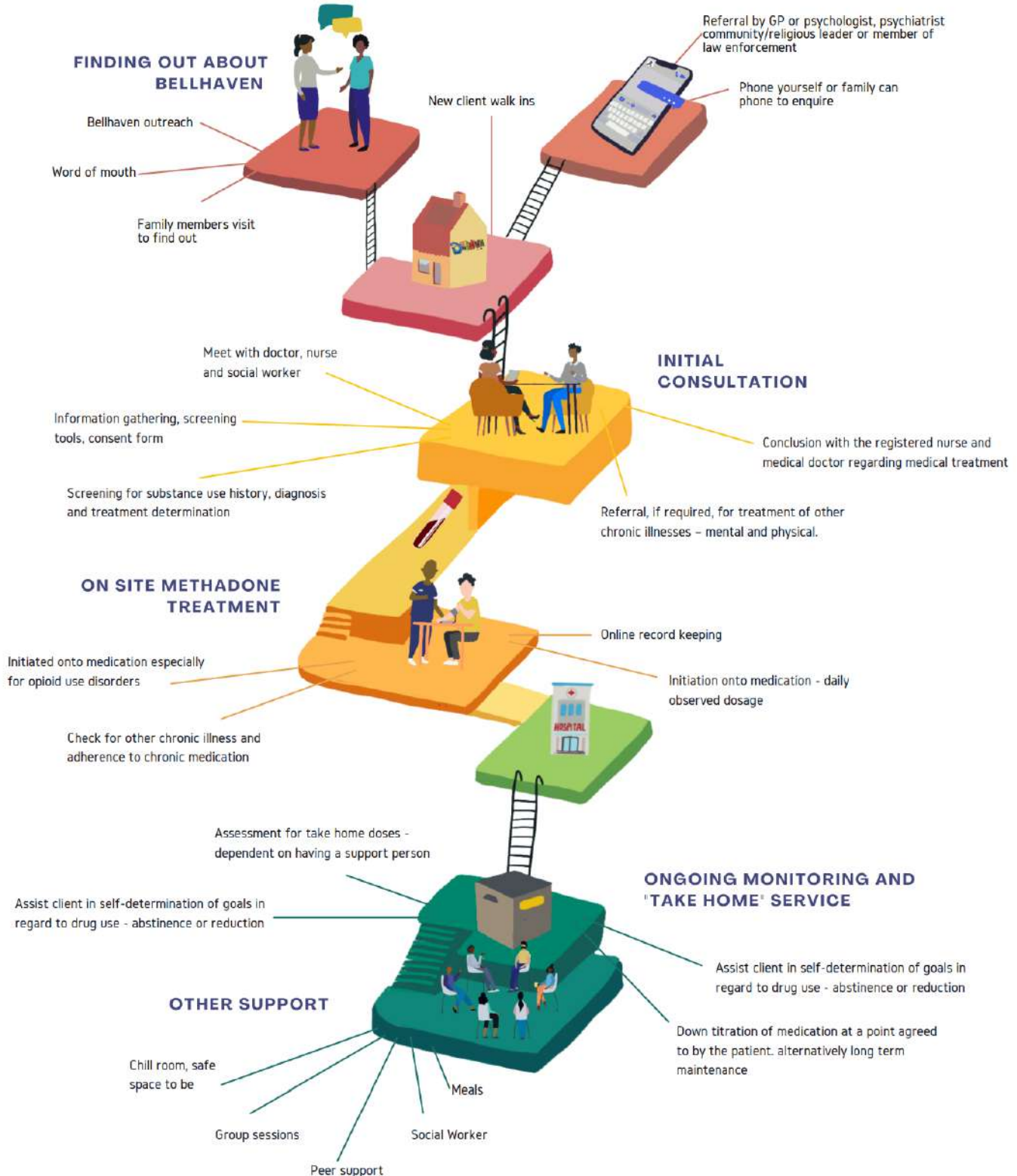
Second Stream of Paying Clients at BRHC

To date, BHRC's clients are primarily homeless and low-income individuals. However, the unique mix of medical and psycho-social services offered by the centre are not readily available in Durban, or in the province of KwaZulu-Natal.

TB-HIV Care, our partner harm reduction organization, currently offers a suite of services to a very specific group of the drug using community – clients who are injecting drug users. We plan to extend our services from homeless and low-income individuals to paying clients, who will access all the services currently offered at Bellhaven at a nominal cost. Extending service provision to a wider range of clients, presents important advantages to BHRC, mainly 1) diversifying the space and the client journeys represented at the Centre, 2) contributing to the financial sustainability of the Centre, and 3) serving a largely unmet need in the broader community.

The nominal charge fee for these services has been determined by the Directors of the Bellhaven Harm Reduction Centre, together with medical specialists.

CLIENT JOURNEY



COURTESY OF FAHEEMAH MOOSAJEE

Implementing an Overdose Prevention Space

Overdose Prevention Spaces allow for proper supervision of drug use with the aim of prevention overdose. Such sites or spaces are usually run by registered nurses who are trained in the safe use of drugs – in terms of amount, modality and co-morbidities. The first major benefit of these spaces is the reduction of overdose for those who are unwilling or unable to abstain from using drugs. Second, family members of PWUD are also assured that if their loved one is using drugs, they are doing so safely. A third benefit of such spaces is that it takes active drug use off the streets and public spaces. This is beneficial to the broader community, and especially to law enforcement officers who are advocates for such spaces in many parts of the world. Such spaces exist across the world, but none exist in South Africa, or on the African continent.

Developing an overdose prevention space requires buy-in from law enforcement. Bellhaven has strong working relationships with Durban Metro Police to date, with Metro Police regularly attending community meetings at the Centre and being on call to the Centre's staff and directors.

Overdose prevention spaces must be thoughtfully designed. They must be user friendly, light on the environment, and easy to supervise. This demands careful planning and good architectural design. In developing such a space, architects and urban planners will be brought on board from both the Durban University of Technology, MASS Design, and from the eThekweni Municipality. Our hope is to have the overdose prevention space fully operational by the end of 2022.





Ideas laboratory

The Bellhaven Harm Reduction Centre has proved itself a model for the provision of harm reduction services in South Africa. This recognition has come from government officials, harm reduction experts (locally and globally), and relevant practitioners (mental health, medical, law enforcement).



Given this, we envisage the BHRC becoming a knowledge hub of harm reduction; where practitioners can observe, engage, and learn from with all stakeholders to build their knowledge of harm reduction approaches. To this end, the directors would like to develop a Continuing Professional Development (CPD) course for medical and mental health practitioners on harm reduction, particularly opioid substitution therapy. These can be run from the Centre or provided at professional association platforms. The ideas laboratory will also be a space for student learnerships, in-service training, volunteerism, and community engagement. Students and academic staff from a range of universities and disciplines will be welcomed to participate in this knowledge hub.

Establishing the Ideas Laboratory will require several key operational inputs. This will, first, require ensuring that the Centre has digital mobility. A grant to secure this has been submitted to the National Institute for Humanities and Social Science (NIHSS), and all of BHCR's systems are set to be on digital platforms by the end of 2021.

THE HIGHLIGHT OF MY WORKING CAREER TO DATE HAS BEEN WORKING WITH BELLHAVEN. THE CENTRE IS PROVIDING A MUCH NEEDED SERVICE TO INDIVIDUALS WHO ARE CLEARLY LOOKING FOR WAYS TO TURN THEIR LIVES AROUND. VISITING THE CENTRE TO LISTEN AND LEARN ABOUT THE WORK BEING DONE AT BELLHAVEN HAS BEEN MOTIVATING AND I LOOK FORWARD TO ADDING VALUE TO BELLHAVEN WHEREVER I CAN.

**DENIS DIZA,
LIFESTYLE REPUBLIC**



Second, a programme entitled 'Co-create my city', which is facilitated by the Netherlands High Commission, and coordinated by Nuffic Neso's South Africa Office, will enable students and academics from the Netherlands to work in partnership with local teams in conducting engaged research projects that support the Bellhaven Harm Reduction Centre.

Beyond academic and professional training for researchers and students, the Ideas Lab will also foster improvements that directly benefit the recipients of harm reduction services in Durban and elsewhere. Proposed projects will include research to measure urban inclusivity, to integrate leisure for vulnerable groups, to create employment and develop skills, and to manage urban waste. The Ideas Lab will also train community groups throughout Durban, as well as from government officials such as the Deputy Minister of Social Development, in response to direct requests from these parties. Professional staff, together with clients, will train peers in other cities or countries who wish to implement the BHRC model in their own settings



BEING INVOLVED IN THE BELLHAVEN HARM REDUCTION CENTRE PROJECT WAS UNEXPECTED IN MY CAREER AND IT WAS TOTALLY NEW TO ME. I GREW IN THAT TIME AND DEFINITELY ONE OF THE MOST REWARDING PROGRAMMES I HAVE BEEN INVOLVED IN. I NOW KNOW WHAT COMMITMENT LOOKS LIKE IN A PARTNERSHIP, AND WHAT IT CAN ACHIEVE.

**SOOBS MOONSAMY, HEAD OF DEVELOPMENT PLANNING,
ENVIRONMENT AND MANAGEMENT, ETHEKWINI MUNICIPALITY**



Financial Summary

BHRC activities, June 2020-May 2021

In order to maintain this level of value to local and international communities, the Bellhaven Harm Reduction Centre requires support for its existing and planned activities. We invite you to contribute to making BHRC what it is today, and could be tomorrow.

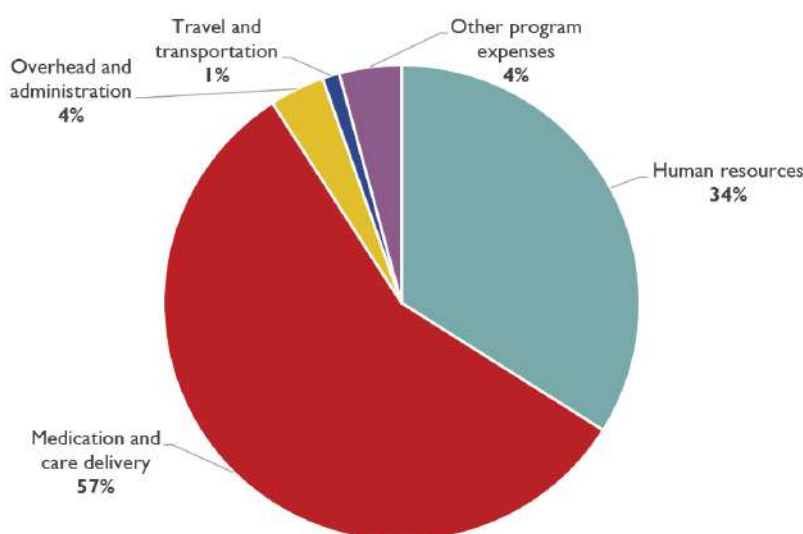
Summary of Profits and Expenses

Donor Income	R	1,482,714.43
Total Expenses	R	2,066,633.59
Net Profit	-R	583,919.16

Continued on next page.

Breakdown of BHRC Expenses, June 2020-May 2021

Human resources	R	702,001.42
Medication and care delivery	R	1,176,175.49
Travel and transportation	R	24,000.00
Other program expenses	R	87,182.29
Overhead and administration	R	77,274.39
TOTAL Expenses	R	2,066,633.59



We would like to express our deepest gratitude to the following donors, whose generous contributions have made our work possible:



OPEN SOCIETY FOUNDATIONS
LOVE ALLIANCE
SANPUD
ADVANCE ACCESS & DELIVERY





On behalf of the Bellhaven team and our clients, thank you to all of our supporters and contributors. This meaningful work would not be possible without you.

Contact Bellhaven Harm Reduction Center

BELLHAVEN HARM REDUCTION CENTER 217 FIRST AVE. GREYVILLE

BELLHAVEN ADMINISTRATIVE OFFICES 112 STAMFORDHILL RD. GREYVILLE

EMAIL INFO@BELLHAVENHARMREDUCTIONCENTRE.CO.ZA

PHONE +27 76 187 2667



Bellhaven Harm Reduction Centre

Management Structure

EXECUTIVE STEERING COMMITTEE

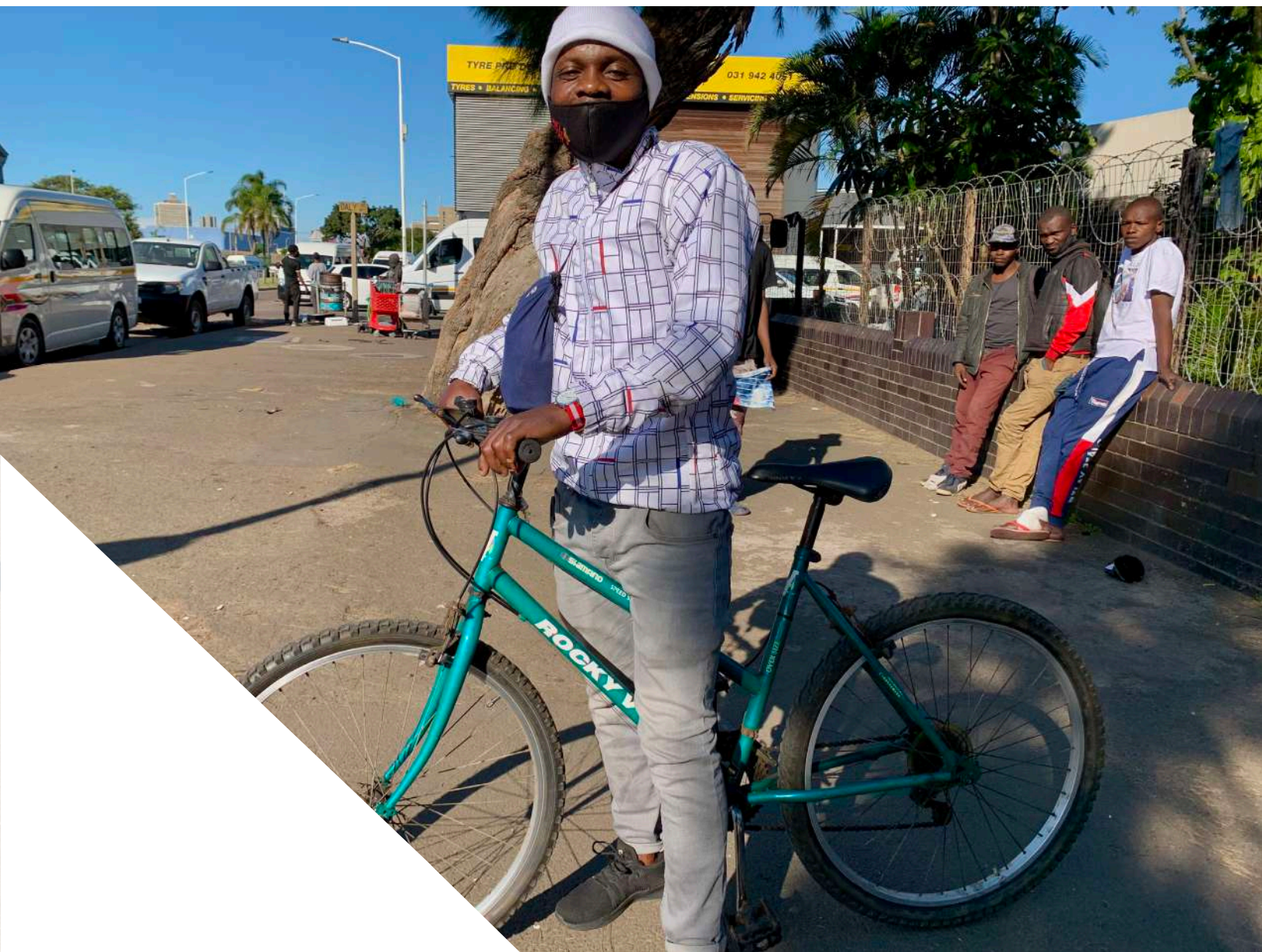
NAME	INSTITUTION
Dr. Stephen Carpenter	Denis Hurley Center
Belinda Scott	Urban Lime/ eThekweni Municipality
Ashok Sewnarain	IBV Gold
Superintendent Deon Perumal	Metro Police
Prof. Sibu Moyo	DUT
Dr. Sogen Moodley	DUT/ Sai Group
Prof. Paulus Zulu	Maurice Webb Race Relations Unit (Univ. of KwaZulu-Natal)
Lucky Ndlovu	TB HIV Care (Durban)
Suvanna Pillay	The IIE Varsity College Community Law Clinic

OPERATIONAL MANAGEMENT

NAME	PROFESSIONAL PRACTICE
Michael Wilson	Health Programmes Management and Operations (AA&D)
Dr. Akbar Aboobaker	General Practitioner
Dr. Shaquir Salduker	Specialist Psychiatrist
Carla Louise Horwood	Registered Nurse (AA&D South Africa)
Prof. Monique Marks	Creative Action Researcher and Research Centre Director (DUT)
Torres Luna	Social Worker (AA&D South Africa)

GOVERNANCE COMMITTEE

NAME	ROLE
Michael Wilson	Founding Director (AA&D)
Prof. Monique Marks	Founding Director (DUT Urban Futures Centre)
Shaun Shelly	Founding Director (SANPUD)
Torres Luna	Social Worker
Carla Louise Horwood	Senior Nurse Manager
Eugene Mulanda	Junior Nurse
Bonginkosi Mgaga	Peer Supporter
Menzi Mayundla	Peer Supporter
Melloh Sibiya	Peer Supporter
Zolani Mqadi	Peer Supporter
Zakhe Mkhize	Client



WRITING BY KAREN IJUMBA AND AMANDA BRUMWELL
DESIGN BY AMANDA BRUMWELL
PHOTOGRAPHY BY JAMES HOWARD DAVIES

