

Certificate in High Care Nursing for Professional Nurses

COURSE DESCRIPTION

Hospitals in South Africa have been put under immense strain over the past two years as beds were filled with Covid-19 patients and elective surgeries had to be put on hold. Health professionals are equally experiencing very difficult times, with limitations of resources. Considering the fact that Critical care nursing and High Care nursing is considered a specialised and a scarce-skill, the nursing fraternity has seen a loss recently with the natural attrition rate of these Professional nurse category and front-liners having succumbed to the ravaging effects of the pandemic. This has impacted on directly on the health care service delivery, who have had no recourse but to at times place unsuitably qualified nurses in specialised units to oversee the management of ill patients, placing the patient, nurse and health service delivery at risk. The goal of high - care nursing is to promote optimal adaptation of critically ill patients and their families by providing highly individualized care, so that the these patients adapt to their physiological dysfunction as well as the psychological stress in the high- care units or intensive care units.

TARGET AUDIENCE

The short course High-Care nursing for Professional nurses will provide participants an in-depth review of concepts and principles in the care of critically-ill patients with varied and complex biological crisis who are admitted in specialised hospital units such as ,Intensive care units, Operating theatre recovery room areas and High care units.As such this course has been designed to provide Professional nurses with core knowledge on nursing care of critically -ill patients, and thus contribute to helping the current health system return to normal.

LEARNING OUTCOMES

On completion of this course the student should be able to:

- Assess and nurse the high risk and seriously ill patient within the scientific, legal and ethical framework of nursing.
- Prevent and manage post-operative complications in the high risk and seriously ill patient.
- Implement specialised nursing principles during nursing the high risk and seriously ill patient.
- Appraise the physical, psychological, social environment issues that contribute to medical and surgical emergencies, whilst managing and utilizing appropriate assist devices and modalities.
- Illustrate understanding of the physical, cognitive, emotional, behavioral and spiritual signs of burnout in the high care /critical care setting.
- Appraise the assessment, diagnostic and monitoring requirements and management necessary to avoid long term disability or death and for better outcome of patient care in the critically ill patient

DELIVERY METHOD

A combination of methods will be used to deliver the course including: lectures, study groups, assignments, case studies. And independent self-study of recommended books and other relevant publications.

ADMISSION REQUIREMENTS

Registration as a Professional Nurse with the South African Nursing Council (SANC)

DURATION

The course will be facilitated for one day a week fortnightly but run over a 6 month period.

ENQUIRY CONTACT

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