



Bachelor of Sport Science Honours

Purpose of Qualification

The Bachelor of Sport Science Honours will allow students to enhance their competence in the analysis, interpretation and application of various sport and exercise principles in the sport industry. This will include areas of health, fitness, coaching, sport management as well as sport and exercise science. The qualification provides a unique blend between scientific application and management of sport. A deepening in the theoretical and practical aspects of physiological principles will enable the student to interpret and adapt to unique situations in the sport industry.

Minimum Admission Requirements

In addition to DUT Rules G7 and G22B, applicants must be in possession of one of the following minimum admission requirements for entry into this programme:

- Bachelor of Sport Science and Management; or
- A recognized equivalent qualification at NQF level 7

Selection Criteria

Students will be ranked from highest to lowest according to aggregate results from the final year of the degree or equivalent qualification and prospective candidates will be invited to an interview. The interview will use a predetermined set of questions to determine interest in the course and give potential students the opportunity to engage with Lecturers. The interview panel will comprise of the Head of Department as well as two senior staff with extensive research experience. As places on the course are limited, a selection process may be implemented. The following will be used to rank and select the students:

- Aggregate Final Results – 80%
- Interview & Work Shadow – 20%

Work Shadow Log Sheet

As part of the selection criteria, the Department will be assessing students' work experience. It is expected that students will complete 20 hours of work shadow in a relevant field. Students will be required to complete the log sheet to provide evidence for the work shadowing completed. This work shadowing may include, but is not limited to, shadowing a physiotherapist, biokineticist, sport scientist, coach, conditioning coach, or personal trainer.

Application Process

Students are expected to apply by 31 October 2023, applications should be submitted to the HOD prior to this cut-off date. Applications should include the following:

- Cover letter: including a motivation for why you would like to enrol in the programme
- Updated Curriculum Vitae
- Log sheet (as attached): evidencing 20 hours of relevant work shadowing

Funding

Please be advised that NSFAS does not fund post-graduate qualifications, thus the onus is on the student to secure funding, or self-pay. Students can apply for NRF funding in the preceding year, this must be done prior to October 2023 for 2024 enrolment. Students are also expected to cover the registration fee initially, as NRF funding for successful students is only released after the closure of registration. Note that the NRF funding is limited, with not all applicants receiving funding. The entire process is managed via the research office, and is independent of the Department.