

## **DUT Hosts Disability Sports & Games Day**

Durban University of Technology (DUT) came alive with excitement and unity as it hosted its Disability Sports and Games Day, a vibrant event dedicated to promoting inclusion, participation, and the celebration of diverse abilities. From early morning, students, staff, and supporters filled the grounds with energy, creating a warm atmosphere that encouraged everyone to get involved.

The day began with a cheerful welcome from the organisers, followed by team introductions that highlighted the confidence and enthusiasm of all participants. The true focus of the event was togetherness. DUT aimed to show that sports and recreation can be enjoyed by everyone, regardless of physical or learning abilities.

Participants engaged in a variety of fun and accessible activities such as goalball, relay challenges, precision throw games, and adapted obstacle courses. Each game was designed to be inclusive, ensuring that everyone could take part comfortably and confidently. The laughter, cheering, and teamwork seen throughout the day reflected DUT's commitment to building a supportive and empowering environment.

Volunteers and coordinators worked closely with the athletes, offering guidance and encouragement at every stage. Their dedication helped create a smooth and enjoyable experience for all involved. One of the standout moments of the day was the friendly spirit shown between teams; students celebrated each other's successes and showed remarkable sportsmanship.

As the event ended, participants were recognised for their enthusiasm, courage, and positive attitude. Rather than focusing solely on winning, DUT honoured effort, participation, and the shared joy of the day.

The Disability Sports and Games Day were more than just an event; it was a meaningful reminder of DUT's commitment to inclusivity, respect, and equal opportunity. The success of the day left everyone inspired, with many already looking forward to an even bigger and more dynamic celebration next year.

