



Taking the fall

Suspended animation: the first ever to descend, Tabitha Nicholson, nears the bottom of the waterfall..

PHOTO CREDIT: BRUCE LESLIE

What do paramedics and journalists do in their spare time? For some of them, jumping off a cliff is all in a day's work ...

BY GERAPJANE CATTON

WE live in one of the most beautiful places in the world, yet how many of us really explore our backyard?

A group of friends did just that last week, abseiling for the first time off an almost 100m waterfall near Delvillewood, in Shongweni.

The trip was inspired by adventure photographer Bruce Leslie, who lives in

the area. He and his friend Travis Trower have had their eye on the spot for a while.

Trower, the rescue co-ordinator at Durban University of Technology, does this for a living, so the group trusted him implicitly, and had a stunning experience climbing off a mountain and abseiling to the bottom of the waterfall.

Tabitha Nicholson, ER24 Advanced Life Support paramedic who lives in Umdloti, Keith Trower from Hillcrest, myself from Sunningdale, and Pam Catton from Ballito, got to see a part of KZN few will ever visit.

What will you do this year that will cost you nothing but give you memories and photos of a lifetime?

