Because crises and emergencies usually happen after hours, when the Durban University of Technology is closed, we have enclosed the contact details of some useful services in the Midlands region.

#### NORTHDALE HOSPITAL

Government Hospital Telephone: (033) 387 2512/70 Postal Address: Old Greytown road Mountain Rise Pietermaritzburg

#### **GREYS HOSPITAL**

Government Hospital Telephone: (033) 879 3000 Postal Address: 201 Townbush Rd Chase Valley Pietermaritzburg

#### ATTIC

AIDS counselling, training and information centre Telephone: (033) 395 1612 Postal Address: 42 Havelock Road Pietermaritzburg

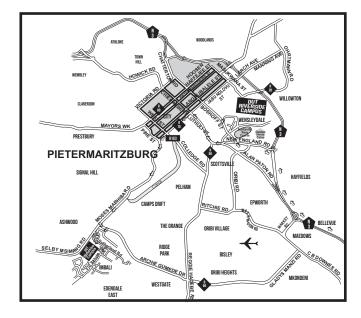
#### **EDENDALE HOSPITAL**

Government Hospital Telephone: (033) 395 491 1 Postal Address: Edendale Road Edendale Pietermaritzburg

#### **PREGNANCY CRISIS**

Free pregnancy testing, pre & post abortion counselling, accommodation for destitute women in last three months of pregnancy, baby & maternity clothes, sexuality education and information centre Telephone: (033) 342 886 I Postal Address: I Burger Street Pietermaritzburg

## Route Map to Riverside Campus and Indumiso Campus



Riverside Campus: 19 Aberfeldy Road, Scottsville, Pietermaritzburg. Take N3 from Durban Take New England Road Turn off. Turn right into Boshoff Street and then right into 19 Aberfeldy Road

#### Indumiso F J Sithole Road, Campus: Pietermaritzbura

Pietermaritzburg. Take N3 from Durban then take New England Road turn off. Continue straight and turn left into into Jabu Ndlovu Street. Come to 'T' junction and then turn left into Moses Mabhuba Road. Turn left into Archie Gumede Drive - first right and first left. Come to 'T' Junction turn left Into Sutherland Road and then right into F J Sithole Road.

NB: Please follow arrows in the above map for the location of the Campuses



# Your Guide to...

## **STUDENT HEALTH**





#### **OUR PURPOSE**

To provide professional primary health care services to registered students in order to enhance the Quality of life and support the goals of teaching and learning.

#### **OUR ROLE**

- Treatment of minor ailments
- Health Education
- Reproductive Health
- Treatment of Sexually Transmitted Infections
- Voluntary Counselling and Testing for

### HIV/AIDS

- Treatment of Opportunistic Infections
- Emergency Care
- Supervision of Medication
- Referral Source

### OUR TARGET AUDIENCE...

Our target audience will be all DUT registered students.

#### **BENEFITS FOR TARGET AUDIENCE...**

- Free primary health care
- Doctor that consult on a weekly basis for free
- Health education, through the dissemination of information
- Promotion of good health
- Availability of pap smears for registered female students
- Prevention and early identification of STI's
- Referrals for specialized treatment to different provincial hospitals
- First Aid care in cases of emergencies

- Supportive and supervised medication for students participating in an outpatient treatment programme
- Referral to alternate in-house services for the well-being and care of registered students.

### STAFF...

The Student Health is staffed by:

- Senior Professional Nurse
- Student Helper

Each of these staff members are trained to assist in all queries in a professional manner.

Should you need to speak to any member of our staff, or simply need further information on the services offered by the Student Health contact us on?

#### 033 845 8811

P. O. Box 101112 Scottsville 3209

Or just visit us at Office No: J 108 on the Riverside Campus Life at a tertiary institution often requires some adjustment, not only to the academic work, but also to the lifestyle and the physical environment. After all, this is usually the first time living away from home, and the protection and safety of the family, for many students. Even for more senior students, it is difficult to predict future events that may impact on their lives.

In order to assist the students who may experience a range of personal difficulties whilst studying at the Durban University of Technology, the Student Counselling and Development Centre (Midlands) have compiled this brochure, with crucial emergency numbers that may be of use.

Hopefully, you will never need to use any of these numbers; however they are provided to make the process of seeking assistance easier, in times of crisis or emergency. As such, although today you do not anticipate needing any of these numbers, hang on to this brochure – just in case.

#### NICRO

Counselling of offenders and victims of crimes and an information centre

Telephone (033) 345 4425

Postal Address 2<sup>nd</sup> Floor Gallwey House

Gallwey Lane

Pietermaritzburg

#### **RAPE CRISIS CENTRE**

Counselling of victims of rape and an information centre Telephone (033) 342 4945 Postal Address I4 Princess Street Pietermaritzburg 3201

#### FAMSA

Family counselling, rape counselling, pre-marital counselling,<br/>couples counselling and an information centreTelephone(033) 342 4945Postal Address 6th Floor Gallwey House<br/>Gallwey Lane

#### LIFELINE

All counselling of adults and crisis counselling Telephone (033) 394 4444 Postal Address I4 Princess Street, Pietermaritzburg

Compiled by Thembi Chaka (2012)